

# Finding Love Again – Our Latest Release

If doing what you've always done is not giving you the results you seek, it's time to do something different!

***Finding Love*** offers helpful, insightful tips and encouragement on how best to make one of the most important decisions of your life: choosing the person to walk alongside you in life.

Single at the age of 32, I managed to impress myself with my stupidity at times. Without a wingwoman in sight (all my friends had babies), grieving the love of my life, and unable to spend any time alone because of the head space I was in, I managed to drink my way through six months, dating guys completely wrong for me along the way.

When I stopped and took stock of my life it was painful. After I re-grouped, got over the loneliness, and gained back my verve, I was quietly astonished at some of the amateurish mistakes I made while single. I wondered how many others floundered as I had.

After three years of interviewing men and women across Australia, and researching the best available knowledge on relationships, I wrote and compiled the book I wished I'd been able to read when I first found myself unexpectedly single, thrust into a game I was unprepared and ill-equipped to play.

When I launched ***Finding Love: 7 Things You Need to Know Before You Date Again*** the reviews on [Amazon](#) made the three years of research and writing worthwhile.

If you'd like to share your dating experiences and get tips from others, join the Finding Love Again community on [Facebook](#).

Finding Love is available as an [ebook](#) or [hard copy](#).

***Carolyn Martinez is a former Newspaper Editor, a twice-published Author, and has a MA (Writing). She is the founder of Brisbane Book Authors, and a member of Queensland Society of Editors.***