

Media Release

Plea for Embryo Adoption

As seen on national Channel 10 television show **The Project** 30th April 2012, author of *Inspiring IVF Stories*, Carolyn Martinez, issued a plea for IVF couples to consider donating to other couples the frozen embryos they don't need.

What to do with leftover embryos is an emotive issue for couples at the end of their IVF journey. Couples are faced with a difficult decision: donate or destroy.

The Newcastle author said that the Medical Journal of Australia reports that 90% of couples choose to destroy them.

“While I was interviewing couples throughout Australia, I found that they face two big issues,” Carolyn said.

“Firstly, they have to consider how they view an embryo, and then how they feel about their embryo being raised in another family.”

Martinez and her husband are among many infertile Australian couples who will not have their own children without the aid of donor material.

“Donation is a complex decision to make. I implore couples with excess embryos to speak with potential donor recipients before destroying them so that they can make a fully informed decision.”

“There are committed people around who would be beautiful parents but cannot have their own families without the aid of donor material.”

“Donation certainly won't suit every couple. A discussion with potential recipients is not a commitment, but it is a way of being fully informed so as to be comfortable with the final decision that a couple makes.”

Available for Interview:

Carolyn Martinez, Author of *Inspiring IVF Stories* Phone 02 4957 1059 or 0407 154 663

About Inspiring IVF Stories:

Inspiring IVF Stories shares what the doctors and nurses don't tell you about IVF, what it's like at home on a day-to-day basis and the effect it has on relationships. 24 men and women share their experiences to ease the isolation and frustration for others. Candid, no-holds barred, and at times surprising humorous. Available online <http://hawkeyepublishing.com.au/books/>